

Specialty Clinics

UVA Teen and Young Adult Transgender Clinic

For patients ages 12-26
Call **434.982.0090** and select option 1.

UVA Adult Transgender Clinic

For patients age 18 and older
Call **434.924.5000**.

UVA Student Health Center

For UVA students
Call **434.924.5362** and select general medicine, counseling or gynecology.

Helpful Information

MyChart®

MyChart is an online resource patients can use to view health information, communicate with providers and pay bills. Sign up at mychartuva.com. Parents of minor children and caregivers designated by adult patients can use MyChart Proxy® to view health information. Ask your care provider for more information.

MyVue®

MyVue allows you to view your radiology images online. Sign up at uvahealth.com/myvue.

Insurance

We accept most major insurance plans, including Medicare and Medicaid. Please pay all copays and fees at the time of your visit.

Billing Questions

If you have questions about your bill, visit uvahealth.com/billing or call **844.377.0846**.

Financial Assistance

Learn about assistance available through UVA and government programs at uvahealth.com/financialassistance.

UVA Transgender Services



UVA HEALTH SYSTEM
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Charlottesville, VA 22908-0224

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Welcome

At UVA, our goal is to provide affirming, comprehensive healthcare for transgender patients of all ages. We are committed to making your healthcare experience as positive as possible, listening to and responding to your needs and removing barriers to your care.

Our Team

Our multidisciplinary team includes healthcare professionals who specialize in family medicine, endocrinology, psychiatry and behavioral health. Every member of our team is experienced in and has a special interest in working with transgender patients. Your well-being is our top priority and we will always treat you with dignity and respect. If you ever need care from a specialist outside of our clinics, we can refer you to trusted trans-affirming providers.



Services

Behavioral Health

- Brief psychotherapy to:
 - Help with anxiety, depression, grief or stress
 - Make lifestyle changes like quitting smoking or losing weight
 - Reduce and cope with symptoms of medical conditions
- Referrals for longer-term therapy

Endocrinology

- Hormone prescribing and management, including pubertal suppression therapy (for adolescents), gender-affirming therapy and menstrual suppression therapy
- Treatment for diabetes, thyroid disease and other glandular conditions

Primary Care/Family Medicine

- Care for chronic health conditions
- Care for minor illness and injury
- Cancer screenings
- Physicals
- Vaccinations
- Hormone therapy management and refills by primary care providers (UVA Teen and Young Adult Transgender Clinic and UVA Student Health Center)

Psychiatry

Treatment for:

- Anxiety
- Attention deficit hyperactivity disorder
- Bipolar disorder
- Depression
- Other mental health issues

Teen and Young Adult Medicine

- Evaluation and treatment for teen mental health issues
- Low-cost physicals and sports physicals
- LGBTQ support groups for ages 10-14 and 14-20
- Reproductive healthcare: birth control (including free emergency birth control), period management, counseling and testing for sexually transmitted diseases and pregnancy testing
- Treatment for acne and skin problems

Transgender Support

- Discussion of possible medical and surgical treatments for gender dysphoria
- Family education and support
- Assistance with name and gender marker changes on legal documents
- Financial advice about uncovered medical treatment
- Letters of recommendation for hormone therapy (UVA Teen and Young Adult Transgender Clinic and UVA Student Health Center)
- Information about gender expression gear
- Surgical referrals